

English version of the Swedish edition

You have received this brochure
from your doctor/nurse



PATIENT INFORMATION

Utrogestan®

(micronised progesterone)

**to reduce the risk of miscarriage
in women who have bleeding
during early pregnancy, and
who have a history of previous
miscarriages**

 **BESINS**
HEALTHCARE
By your side, for life

Utrogestan®
progesteron

What is Utrogestan®?

Utrogestan® is a soft vaginal capsule containing 400 mg of progesterone. Progesterone is the natural female sex hormone that your ovaries produce after ovulation.

What is Utrogestan® used for?

- Utrogestan® is used to facilitate pregnancy by reducing the risk of miscarriage in women who have bleeding during early pregnancy, and who have a history of previous miscarriages.
- Utrogestan® may also be used to treat other conditions not mentioned in this leaflet. Ask your doctor, pharmacist or other healthcare professional if you have any questions about the treatment, and always follow their instructions.



How to use Utrogestan®

- The treatment with Utrogestan® to reduce the risk of miscarriage should be started at the first sign of vaginal bleeding, during the first trimester, and should continue at least until the 16th week of pregnancy.
- The vaginal capsule should not be swallowed but should be inserted as far into the vagina as possible.
- Utrogestan® should be taken twice daily, once in the morning and once at bedtime.

| 400 mg | |
|---------|-------|
| Morning | Night |
| x | x |

Note! Utrogestan® contains soy lecithin. If you are allergic to peanuts or soy, do not use this medicine.

Complete the treatment as instructed by your doctor.

Some tips for treatment with Utrogestan®

- The vaginal capsules are best inserted in the supine position with legs slightly raised.
- Within 3–4 minutes the capsule dissolves in the vagina and the progesterone is absorbed into the uterus. Subsequently, the other ingredients in the capsule (including sunflower oil) may leak out and cause discharge. This is completely normal and you should therefore use panty liners throughout the treatment.



What to do if I have used too much Utrogestan®?

If you have taken too much Utrogestan® or if, for example, a child has ingested the medicine by mistake, contact your doctor, hospital or the Poisons Information Center (tel. 112) for risk assessment and advice. In case of an overdose, you may experience dizziness or fatigue.

What should I do if I forget to use Utrogestan®?

If you have missed a dose, take it as soon as you remember. If it is almost time for the next dose, skip the missed dose instead. Do not take a double dose to make up for a missed dose.

Read the package leaflet

Always follow the instructions given by your doctor. For more information, read the package leaflet carefully.

Possible side effects

Like all medicines, Utrogestan® can cause side effects, but not all users experience them. Side effects that may occur include vaginal discharge, vaginal bleeding and itching.

Notes

Contact information



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