

West Leeds Women's Health & Menopause Hub Executive Summary

Project title

West Leeds Women's Health & Menopause Hub

Organisations involved

Besins Healthcare UK Ltd and West Leeds PCN

Summary

There is increasing prevalence and awareness of menopause-related health challenges. The Women's Health Strategy refresh 2026 ambitions include improving access to personalised menopause care and addressing variation across regions.

West Leeds PCN has identified gaps in current service delivery, which include limited digital support and barriers to access among underserved populations. This project aims to address those unmet needs through the collaborative working framework.

In the Besins Access Tool for Inequalities in Menopause (ACT), West Leeds PCN have above average prescribing of HRT for the area, however, there is still variability within the PCN and inequalities in access to treatment for some underserved populations which they would like to address. West Leeds PCN sits in decile 4, based on indices of multiple deprivation, so is one of the more deprived areas of Leeds and is in decile 5 for ethnicity, based on Office for National Statistics data. The PCN covers 6 member GP practices with approximately 69,000 patients.

The aim of this project is to expand access to menopause care through enhanced PCN-led menopause clinics, supported by digital tools, community engagement and improved patient onboarding. The project aims to improve patient outcomes,

streamline clinic processes and support service transformation through a sustainable model integrated into the NHS system.

West Leeds PCN have identified a smartphone-based digital application to support the digital element of this project. The digital application is currently in use across Leeds and has been implemented successfully in perinatal pelvic health and musculoskeletal health and is easily adaptable to menopause, which is why it is the preferred platform.

The project is expected to run for 12 months, commencing at the start of July 2026 and finishing at the end of June 2027.

Project objectives

- Improved patient access to menopause care through expanded clinic capacity.
 - Enhanced menopause self-management and education digital support for patients via the digital platform.
 - Greater community inclusion through outreach, translated materials, and digital inclusion support.
 - Strengthened NHS workforce capacity through funded roles and structured project support.
 - Clearer menopause pathways and improved data reporting through structured PCN-led implementation.
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Benefits received

The collaborative working project aims to deliver the following benefits for Patients, the NHS and Besins Healthcare:

Patients

- Increased service capacity, enabling faster access to appropriate menopause care delivered by trained clinicians.
- Improved understanding of menopause and treatment options.
- Increased confidence in self-management through digital tools.
- More inclusive access for women facing language, cultural or digital barriers,

through use of the digital application.

NHS

- Increased capacity through a pharmacy-led model
- A scalable proof-of-concept model for wider adoption.
- Strengthened business case for long-term commissioning of digital tools to support women's health & menopause management.
- Improved data to support population health management.

Besins Healthcare UK Ltd.

- Strengthened reputation as a partner in women's health.
 - The project does not directly promote or incentivise the use of any Besins Healthcare product; however, a by-product may be prescribing of Besins Healthcare products.
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Funding and Resources

Besins Healthcare UK Ltd Funding - £38,160

NHS Funding - £44,800

Total Funding for the project - £82,960

Publication

The project will be written up as a case study so learnings can be shared across the Healthcare community.

Data generated will be jointly reviewed, with NHS organisations maintaining ownership of patient-level data. Aggregated and anonymised data may be used for evaluating service improvement where appropriate, including publication as a case study.

On completion of the project an evaluation period will commence and an outcomes summary will be completed and published in line with clause 20 of the 2024 ABPI code as soon as possible and preferably within 6 months of project completion.

For further information

Please contact West Leed PCN on wlfpcnopsteam@nhs.net
or Besins Healthcare UK Ltd. on information@besins-healthcare.com.

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